

Violeta-Gaia Obelar's (a.k.a. Christina Anne Warren)

Declaration of Non-Violence

Frequency is embedded in the fabric of our reality. Creator Spirit, Goddess, truth is all divine frequency and the purest frequency is what I call vital energy or love. My soul's mission is to cultivate and regulate life by maintaining as vital of a frequency in life that is possible, to align my experience and my energy with divinity. This is my pathway to directly experiencing Creator Spirit and honoring Spirit through the love, compassion, forbearance and truth that I give to myself and to all others. In this way I respect, honor and dance with the Spirit of all creation.

Non-violence is my superpower; to be safe, respected and cultivate a peaceful experience is what I stand for. To act and live in a way that brings peace, that brings no intended violence is my way of experiencing my Goddess. Non-violence is the true force of unconditional love and compassion. I must maintain non-violence especially in times of serious conflict in which I defend myself or my loved ones for survival. To defend and act in a way that protects and honors my family under the umbrella of what is non-violence is my legacy. My intention is always peace. In the face of conflict I am able to protect, defend and find safety. To pass on this way of life, the knowledge, the power, the way of being a peacemaker to my children is my hope for humanity and mankind.

In order for balance to be achieved there must be non-violence to cultivate light or it would all be dark. To be peaceful and lead others and oneself from a place of light, compassion and non-violence is apparent in times of great war, injustice and crisis. To not respond to these cruelties with more war is salvation. This is the divine way where you are not lowering your frequency by adding to the fear and intending more pain. To know how to manifest and demand a safe passage through life without intending more war is a magical art. To attune and resonate in vital energy is non-violence and is a magical way because you are completely protected by a purity that transmutes all suffering into purpose and all pain into faith and surrender.

The idea of the right to kill in self defence (the thoughtform that I can protect myself by doing harm to someone else) does not work. This idea of a "right" is contrary to vital energy and thus is inherently and ultimately disadvantageous. Living in this way is how I defend my connection to Holy Spirit. In this creation, I align with the divine values of this experience. Everything in creation is sacred, valuable and worthy of respect and non-violence.

I declare that non-violence (especially in response to fear, crime, unconsciousness, oppression, or any other act intending to strip you of your connection to life, truth and freedom) is a pathway to vital consciousness and a relationship to Creator Spirit, Goddess and the way that I defend myself.

I declare that I am an independent and peaceful free thinking sovereign individual. I claim my unalienable freedom of my body, mind and spirit to live, create, cultivate, share, and enjoy my personal true connection to all creation.

I claim my unalienable right as a free thinking and sovereign individual to practice non-violence, spirituality, meditation, and breath work provided it brings no intentional harm to any other beings or nature.

I claim my right to remain in the frequency of compassion in this life as a sovereign individual. Non-violence is my peace and way to worship this creation and the creator spirit I have come to know. I claim my right to create safe space for myself, others and nature as a sovereign individual wherever I am. This is my spiritual practice and how I remain in communion with source.

Sincerely,

Violeta-Gaia Obelar

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